



# EMERGENCY RESOURCES

## COLORADO CRISIS SERVICES

Free, confidential, and immediate support from trained professionals and peer specialists 24/7/365

Call 844-493-TALK (8255)

## COLORADO CRISIS SERVICES' WALK-IN CENTER LOCATIONS

Aurora	2206 Victor St, Aurora
Denver	4353 E. Colfax Ave, Denver
Littleton	6509 S. Santa Fe Dr, Littleton
Wheat Ridge	4643 Wadsworth Blvd, Wheat Ridge
Boulder	3180 Airport Rd, Boulder
Greeley	928 12th St, Greeley
Montrose	300 N Cascade Ave, Montrose
Pueblo	1310 Chinook Lane, Pueblo
Colorado Springs	115 S Parkside Dr, Colorado Springs
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Psychiatric Emergency Services at Denver Health	777 Bannock St, Denver

## NATIONAL CRISIS SERVICES

988 Suicide and Crisis Lifeline  
Dial 988 or 1-800-273-8255; Text 988; Chat at [988lifeline.org/chat](https://988lifeline.org/chat)

Crisis Text Line  
Text the word "Home" to 741-741, or "HOLA" for Spanish support

The Trevor Lifeline  
Call 1-866-488-7389; Text "Start" to 678-678; Chat at [thetrevorproject.org/get-help](https://thetrevorproject.org/get-help)

## WHAT TO DO AT HOME

Talk openly, express support and concern

Make the home safe, remove all objects your child might use to self-harm, remove access to weapons and medications

Create and follow a safety plan

Don't ignore warning signs - take all thoughts of suicide seriously

If your child is considering suicide, call crisis support line (988) or 911 immediately